



# THE SPEAKER'S SUCCESS

Coaching Program

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**VOCAL DYNAMICS**

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# WHAT'S IT ALL ABOUT?

Striving as a communicator is a two-way journey. First, we address whatever inner blocks come through in our performance and thought patterns.

Then, we sculpt presentation and communication skills to the highest level.

**Speak with impact to make a difference.**

# SUCCESS FORMULA

## THE JOURNEY IN

We begin with a full assessment of your non-verbal communication and its relation to how you want to be perceived. From this baseline we explore physical and psychological barriers that you might be facing and map out ways of overcoming them.

## THE JOURNEY OUT

**Learning how to make your body and your voice work for you starts with physical tools and habits. And it results in perceived confidence, competence and likeability. Then, we strategize effectiveness: Body Language, Paralanguage and Story Telling.**

## TESTING & TUNING

Test » operation » test » exit. We assess the progress twice: at the end of the content, and about two months after. We do this because we do not believe in lucky charms: we want the transformation to be lasting.



# PROGRAM

- Performance & non-verbal analysis
- Inner blocks & therapeutic techniques
- Fight, flight or freeze - conquering flexibility
- The speaker's state - physicality
- Physical alignment & preparation
- Breathing
- Vocal efficiency: stamina & impact
- Body language: the essential
- Categories of Virgia Satir in the use of hands
- Vocal efficacy: paralanguage
- Speaking with the Archetypes
- Story-telling & nested metaphors
- The speaker's state - dealing with challenges
- Testing, tuning, refining.

**What if stage-fright could be overcome?**

**What if confidence was a physical sensation?**

**What if could trust yourself in presentations?**

**How would it feel to stand-out with ease?**

**What if you could grow your leadership presence?**

**How would it feel to come across exactly as you want to?**

**What would you use your impact for?**



“

And the most curious is the confidence that we feel rising and the ease in which we face presentations after these discoveries... with absolute genuiness and smile, from beginning to end!"

**Vanda Martins**, Head of Development  
Information Systems

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# READY TO MAKE A MOVE?

**Book a FREE Discovery Call**

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